



One College Drive, Blythe CA 92225
(760) 921-5500

Course Control Number: CCC000598486		
Course Outline Approval Dates		
Modality	Curriculum Committee	Board of Trustees
Face-to-face	10/25/2018	11/13/2018
Correspondence Ed.		
Distance Ed.		

COURSE OUTLINE OF RECORD

Course Information

Course Initiator: Brian Thiebaut			
CB01 - Subject and Course #: ATH 104			
CB02 - Course Title: Intercollegiate Basketball for Men, Spring Semester			
New Course: <input checked="" type="checkbox"/>		Non-Substantial: <input type="checkbox"/>	
		Substantial: <input type="checkbox"/>	
Articulation Request: <input checked="" type="checkbox"/> UC		<input checked="" type="checkbox"/> CSU	
		<input checked="" type="checkbox"/> CSU-GE	
		<input checked="" type="checkbox"/> IGETC	
Lecture Hours:		Laboratory Hours: 90	
		Clinical/Field Hours:	
CB06/CB07: Course Units: 1.5			
Prerequisites: ATH 100 Pre-Season Conditioning for Intercollegiate Basketball			
Co-requisites:			
Advisories:			
CB03 - TOP Code:		0835.50 - Intercollegiate Athletics	
CB04 - Credit Status:		D - Credit - Degree Applicable	
CB05 - Transfer Status:		B - Transferable to CSU only	
CB08 - Basic Skills Status:		N - Course is not a basic skills course	
CB09 - SAM Priority Code:		E - Non-Occupational	
CB10 - Cooperative Work:		N - Is not part of Cooperative Work Experience Education Program	
CB11 - Course Classification:		Y - Credit Course	
CB13 - Approved Special:		N - Course is not a special class	
CB21 - Prior Transfer Level:		Y - Not Applicable	
CB22 - Noncredit Category:		Y - Credit Course	
CB23 - Funding Agency:		Y - Not Applicable	
CB24- Program Status:		2 - Not Program Applicable	
Transfer Request:		A= UC and CSU	

Please select the appropriate box(s) of the modalities in which this course will be offered, and fill out the appropriate sections for that mode.

- ☒ Face-to-Face – Section B
☐ Correspondence Education – Section C
☐ Distance Education – Section D

JUSTIFICATION OF NEED:

The course provides the necessary conditioning, training and practice to compete in intercollegiate basketball.

CATALOG DESCRIPTION:

This course is for men students who wish to continue participating in intercollegiate basketball. This course may be repeated a maximum of three times to meet California Community College Athletic Association requirements for eligibility.

COURSE OBJECTIVES:

1. Acquire knowledge of injury prevention techniques for common athletic injuries.
2. Describe and interpret basketball rules and regulations.
3. Acquire understanding of the personal skills necessary to be a viable, contributing team player.
4. Develop the ability to participate in athletic competition at a high level.
5. Develop an appreciation for the competitive nature of basketball.
6. Develop individual good health habits, including eating nutritiously, getting sufficient sleep and avoiding poor health habits as they pertain to intercollegiate competition.

STUDENT LEARNING OUTCOMES:

1. Demonstrate effective interpersonal relationships with teammates and coaches in a competitive team atmosphere.
2. Demonstrate responsible citizenship as a representative of a college athletic team.

A. COURSE OUTLINE AND SCOPE

1. Outline of topics or content:

1. Orientation
2. COA rules and regulations pertaining to intercollegiate competition
3. BVC and CRC rules and regulations
4. Team procedural rules
5. Defining personal goals
6. Flexibility, cardiovascular and strength conditioning
7. Fitness testing
8. Prevention of athletic injuries
9. Individual defensive skill activities
10. Team game play
11. Individual offensive skill activities
12. Rebounding: offensive and defensive
13. Intercollegiate competition with video and statistical analysis
14. Team defensive tactics
15. Nutritional evaluation and discussion of the pre-game meal
16. Team offensive tactics
17. Offensive and defensive team tactics
18. Team play incorporating tactics
19. Review goals and revise if necessary
20. Analysis of areas needing improvement with activities designed to address those needs

2. If a course contains laboratory or clinical/field hours, list examples of activities or topics:

Because this is a lab-only course, the following activities are identical to the Course Topics listed above:

1. Orientation
2. COA rules and regulations pertaining to intercollegiate competition
3. BVC and CRC rules and regulations
4. Team procedural rules
5. Defining personal goals
6. Flexibility, cardiovascular and strength conditioning
7. Fitness testing
8. Prevention of athletic injuries
9. Individual defensive skill activities
10. Team game play
11. Individual offensive skill activities
12. Rebounding: offensive and defensive
13. Intercollegiate competition with video and statistical analysis
14. Team defensive tactics
15. Nutritional evaluation and discussion of the pre-game meal
16. Team offensive tactics
17. Offensive and defensive team tactics
18. Team play incorporating tactics
19. Review goals and revise if necessary
20. Analysis of areas needing improvement with activities designed to address those needs

3. Examples of reading assignments:

Periodicals and printed materials on topics such as fitness, nutrition, team strategy and athletic leadership.

4. Examples of writing assignments:

Written assignments on topics such as:

1. Nutritional assessments
2. Strength and fitness assessments
3. Goal-setting

5. Appropriate assignments to be completed outside of class:

Reading periodicals and printed materials on topics such as fitness, nutrition, team strategy and leadership.

Writing assignments on topics such as nutritional and strength and fitness assessments and goal-setting.

6. Appropriate assignments that demonstrate critical thinking:

Examples:

1. Devise team play tactics and strategies to maximize team wins.
2. Develop athletic team leadership skills..
3. Develop an effective strength-building and nutrition program.

7. Other assignments (if applicable):

☐ Check if Section B is not applicable

B. FACE-TO-FACE COURSE SECTIONS:

Face-to-face education

Is a mode of delivery in which instruction is delivered in a traditional classroom setting, with instructor and students located simultaneously in the same classroom facility.

1. Describe the methods of instruction:

The instructor will engage students through lecture, group discussion and court activities.

2. Describe the methods of evaluating of student performance.

Written activities and direct observation by the instructor will be used to assess mental skills necessary for team play and healthy habits. Written activities will also be used to set personal and team goals and to evaluate students' knowledge of rules and injury prevention. Fitness testing will be administered before and after fitness conditioning.

3. Describe how the confidentiality of the student's work and grades will be maintained.

Instructors shall make reasonable efforts to protect the confidentiality of students' grades and graded work consistent with practices described in the Family Education Rights and Privacy Act (FERPA).

4. If the course has a lab component, describe how lab work is to be conducted and how student work is to be evaluated.

Students will be evaluated by: 1) demonstrating skill and tactical knowledge in measured activities, in game play and on video tape; 2) instructor's observations and assessment of performance and improvement; 3) written assignments, which include students' own evaluation of fitness level, achievement of goals, knowledge of rules and knowledge of healthy living habits; 4) attendance.

NOTE: Students will be encouraged by instructors of this course to direct themselves to the College's Disabled Students' Programs and Services (DSP&S) department if they believe they have a learning disability.

☒ Check if Section C is not applicable

C. CORRESPONDENCE EDUCATION COURSE SECTIONS (Correspondence, hybrid correspondence)

Correspondence education

is a mode of delivery in which instructional materials are delivered by mail, courier or electronic transmission to students who are separated from the instructor by distance. Contact between instructor and students is asynchronous.

Hybrid correspondence education

is the combination of correspondence and face-to-face interaction between instructor and student.

1. Describe the methods of instruction.

2. Describe the methods of evaluating student performance.

3. Describe how regular, effective contact between the instructor and a student is maintained.

4. Describe procedures that help verify the individual submitting class work is the same individual enrolled in the course section.

5. Describe procedures that evaluate the readiness of a student to succeed in a correspondence or hybrid correspondence course section.

6. Describe how the confidentiality of the student's work and grades will be maintained.

7. If the course has a lab component, describe how lab work is to be conducted and how student work is to be evaluated.

8. If the course requires specialized equipment, including computer and computer software or other equipment, identify the equipment, and describe how it is to be accessed by students.

Note: Students will be encouraged by instructors of this course to direct themselves to the College's Disabled Students' Programs and Services (DSP&S) department if they believe they have a learning disability.

☒ Check if Section D is not applicable

D. DISTANCE EDUCATION COURSE SECTIONS (online, ITV, hybrid)

Online education

is a mode of delivery in which all instruction occurs online via the Internet. Student and instructor access to email and the Internet is required. Students are required to complete class work using email, chat rooms, discussion boards and other instructional online venues.

Interactive television (ITV)

is a mode of synchronous delivery in which instruction occurs via interactive television (closed circuit).

Hybrid instruction

is a combination of face-to-face instruction and online instruction.

1. Describe the methods of instruction.

2. Describe the methods of evaluating of student performance.

3. Describe how regular, effective contact between the instructor and a student is maintained.

4. Describe procedures that help verify the individual submitting class work is the same individual enrolled in the course section.

5. Describe procedures that evaluate the readiness of a student to succeed in an online, ITV or hybrid course section.

6. Describe how the confidentiality of the student's work and grades will be maintained.

7. If the course has a lab component, describe how lab work is to be conducted and how student work is to be evaluated.

8. If the course requires specialized equipment, including computer and computer software or other equipment, identify the equipment, and describe how it is to be accessed by students.

Note: Students will be encouraged by instructors of this course to direct themselves to the College's Disabled Students' Programs and Services (DSP&S) department if they believe they have a learning disability.

E. REPRESENTATIVE TEXTBOOKS AND OTHER READING AND STUDY MATERIALS:

List author, title, and current publication date of all representative materials.

Reading materials as assigned by the instructor

SIGNATURES

COURSE INITIATOR: _____

DATE: _____

DIVISION CHAIR: _____

DATE: _____

LIBRARY: _____

DATE: _____

CHAIR OF CURRICULUM COMMITTEE: _____

DATE: _____

SUPERINTENDENT/PRESIDENT: _____

DATE: _____